

YOUR CHANNEL CHOICE

THE FREESAT CHANNEL GUIDE



ENTERTAINMENT



101	BBC One SD/HD**	24 Hours	130	5USA+1	24 Hours
102	BBC Two SD/HD**	24 Hours	131	5*	24 Hours
103	ITV London**	24 Hours	132	5*+1	24 Hours
104	C4/S4C in Wales	24 Hours	133	5+24	24 Hours
105	Channel 5	24 Hours	134	CBS Drama	24 Hours
106	BBC Three HD	19:00-04:00	135	CBS Reality	24 Hours
107	BBC Four HD	19:00-04:00	136	CBS Reality+ 1	24 Hours
108	BBC One SD/HD**	24 Hours	137	CBS Action	24 Hours
109	BBC Two SD/HD**	24 Hours	138	horror channel	24 Hours
110	BBC Alba	24 Hours	139	horror channel +1	24 Hours
112	ITV+1	24 Hours	140	BET	24 Hours
113	ITV2	24 Hours	141	Spike	24 Hours
114	ITV2+1	24 Hours	142	True Entertainment	24 Hours
115	ITV3	24 Hours	143	More>Movies	24 Hours
116	ITV3+1	24 Hours	144	Pick TV	24 Hours
117	ITV4	24 Hours	145	Challenge	24 Hours
118	ITVBe	24 Hours	146	Challenge+1	24 Hours
119	ITV HD / UTV HD	24 Hours	147	BBC Three	19:00-04:00
120	S4C Digidol	07:00-end*	148	BBC Four	24 Hours
121	C4+1	24 Hours	149	Food Network	24 Hours
122	E4	24 Hours	150	Travel Channel	24 Hours
123	E4+1	24 Hours	151	Food Network +1	24 Hours
124	More4	09:00-04:00	152	Travel Channel +1	24 Hours
125	More4+1	10:00-05:00	153	True Drama	10:25-07:00
126	C4 HD	24 Hours	154	truTV	24 Hours
127	4 Seven	24 Hours	155	ITV4 +1	24 Hours
128	Channel 5+1	24 Hours	156	More>Movies+1	24 Hours
129	5USA	24 Hours			

[Continued...](#)

*transmission times may vary

**region dependant

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ENTERTAINMENT (CONTINUED)



158 ITVBe+1	24 Hours
159 Pick+1	24 Hours
160 PBS America	24 Hours
161 YourTV	24 Hours

162 Drama	24 Hours
163 Yesterday	24 Hours
164 Really	24 Hours

NEWS



200 BBC News HD	24 Hours
201 BBC Parliament	24 Hours
202 Sky News	24 Hours
203 Al-Jazeera English	24 Hours
204 Euronews	24 Hours
205 France 24	24 Hours
206 RT/RT HD	24 Hours

207 CNN	24 Hours
208 Bloomberg TV	24 Hours
209 NHK World HD	24 Hours
210 CNBC	24 Hours
211 CCTV-NEWS	24 Hours
212 BBC News	24 Hours
213 Channels 24	24 Hours

MOVIES



300 Film4	15:00-03:00
301 Film4 +1	24 Hours
302 True Christmas	24 Hours

303 True Movies 2	24 Hours
304 Movies4Men	24 Hours
305 Movies4Men+1	24 Hours

LIFESTYLE



400 Irish TV	24 Hours
401 Information TV	24 Hours
402 Showcase	24 Hours

410 FilmOn TV	24 Hours
411 Fashion One	24 Hours

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MUSIC



500 Chartshow TV	24 Hours	508 Kiss	24 Hours
501 The Vault	24 Hours	509 The Box	24 Hours
502 Chartshow Dance	24 Hours	510 Magic	24 Hours
503 B4U Music	24 Hours	511 Viva	24 Hours
504 Starz	24 Hours	512 Chilled	24 Hours
505 Vintage TV	24 Hours	513 Now Christmas	24 Hours
506 Heart Xmas	24 Hours	514 Clubland TV	24 Hours
507 Capital	24 Hours	515 Channel AKA	24 Hours

CHILDREN'S



600 CBBC HD	07:00-19:00	605 Tiny POP	24 Hours
601 CBeebies HD	06:00-19:00	606 Kix!+1	07:00-00:30
602 CITV	06:00-18:00	607 CBBC	07:00-19:00
603 POP	24 Hours	608 CBeebies	06:00-19:00
604 Kix!	06:00-23:30	609 Tiny POP +1	24 Hours

SPECIAL INTEREST



651 Community Channel	24 Hours	691 Daystar	24 Hours
652 Forces TV	24 Hours	692 Revelation	24 Hours
660 Sony SAB	24 Hours	693 Islam Channel	24 Hours
661 Rishtey	24 Hours	694 GOD Channel	24 Hours
662 Colors	24 Hours	695 Sonlife TV	24 Hours
690 Inspiration TV	24 Hours	696 TBN Europe	24 Hours

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RADIO



700 BBC Radio 1
701 BBC Radio 1Xtra
702 BBC Radio 2
703 BBC Radio 3
704 BBC Radio 4 FM
705 BBC Radio Five Live
706 BBC Radio Five Live Sports Extra
707 BBC Radio 6 Music
708 BBC Radio 4 Extra
709 BBC Asian Network
710 BBC Radio 4 LW
711 BBC World Service
712 BBC Radio Scotland
713 BBC Radio nan Gaidheal
714 BBC Radio Wales
715 BBC Radio Cymru
716 BBC Radio Ulster
717 BBC Radio Foyle
718 BBC Radio London

719 Capital FM
720 Capital Xtra
721 Classic FM
722 Gold
723 Radio X
724 Absolute Radio
726 Absolute 80s
729 Jazz FM
730 Planet Rock
731 talkSPORT
732 Smooth Radio
733 Heart
734 LBC 97.3
750 RTE Radio 1
751 RTE 2FM
752 RTE Lyric FM
753 RTE na Gaeltachta
777 Insight Radio
786 BFBS Radio
790 Trans World Radio

SHOPPING



800 QVC	24 Hours
801 QVC Beauty	24 Hours
802 QVC Extra	24 Hours
803 QVC Style	24 Hours
804 GR Shop	24 Hours
805 Gems TV	24 Hours
806 JML Direct	24 Hours
807 Jewellery Maker	24 Hours
808 TJC Choice	24 Hours

809 TJC	24 Hours
810 Ideal Extra	24 Hours
811 Craft Extra	24 Hours
812 Ideal World	24 Hours
813 Create & Craft	24 Hours
814 Rocks & Co	24 Hours
815 Thane	24 Hours
816 High Street TV	24 Hours
817 Hochanda	24 Hours

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REGIONAL



BBC ONE ACCESSED AT 101

950 BBC One London

951 BBC One Channel Islands

952 BBC One East Midlands

953 BBC One East (East)

954 BBC One East (West)

955 BBC One North West

956 BBC One N.East & Cumbria

957 BBC One Northern Ireland

958 BBC One Oxford

959 BBC One South East

960 BBC One Scotland

961 BBC One South

962 BBC One South West

963 BBC One West Midlands

964 BBC One Wales

965 BBC One West

966 BBC One Yorks

967 BBC One Yorks & Lincs

972 BBC One HD

BBC ONE HD ACCESSED AT 108

BBC One NI HD

BBC One Scotland HD

BBC One Wales HD

BBC TWO ACCESSED AT 102

968 BBC Two England

969 BBC Two Northern Ireland

970 BBC Two Scotland

971 BBC Two Wales

ITV REGIONS

ITV London

ITV Border

ITV Wales

ITV Meridian South

ITV Meridian South East

ITV Granada

ITV Tyne Tees

ITV Yorkshire West

ITV Yorkshire East

ITV Meridian North

ITV Anglia West

ITV Anglia East

ITV West

ITV West Country

ITV Central South

ITV Central East

ITV Central West

ITV HD (South)

ITV HD (North)

STV Scottish East

STV Scottish West

STV Grampian

UTV (Ulster)

Channel TV selected HD programmes available via the red button

ITV Channel Islands

ITV Meridian HD

ITV Central HD

UTV HD

STV HD

ITV +1 Anglia

ITV +1 Yorks

ITV +1 Central

ITV +1 Granada Border

ITV +1 Meridian

ITV +1 Tyne Tees

ITV +1 West Country

ITV +1 Wales

ITV +1 West

CHANNEL 4 ACCESSED AT 104

C4 North

C4 South

C4 Scotland

C4 Midlands

C4 Ulster

CHANNEL 4+1 ACCESSED AT 121

C4+1 North

C4+1 South

C4+1 Scotland

C4+1 Midlands

C4+1 Ulster

CHANNEL 5 ACCESSED AT 105

Channel 5 London

Channel 5 North

Channel 5 N Ireland

Channel 5 Scotland

AUDIO DESCRIPTION

972 BBC One HD

977 ITV London

974 C4 London

975 C4+1 London

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ADULT



870 Babestation

24 Hours

ON DEMAND



901 BBC iPlayer

903 ITV Hub On selected set top boxes and televisions.

999 Freesat Information

Red Button BBCi Interactivity from all BBC channels

Via On Demand menu on Freetime boxes

BBC iPlayer

ITV HubDemand 5

All4

YouTube

Curzon Home Cinema

Hopster

BBC Sport

BBC News

Netflix

HOW TO GET ON DEMAND TV



To get On Demand TV on Freesat you'll need to connect your Freesat HD or Freesat+ HD box to your home broadband.

You can do this with an Ethernet cable or by using Homeplug Adapters. On Demand TV is available on selected Freesat boxes and TVs (check freesat.co.uk for details). You will need a minimum broadband speed of 2 Mbps. For more information about accessing On Demand services through a broadband connection, please visit the Freesat Information Service on channel 999 or go to freesat.co.uk

STAY UP TO DATE



So for a bang up to date list of what's on Freesat please check our website: freesat.co.uk/what-you-get/our-channels

TALKING CHANNEL LIST



If you wish to hear a recording of Freesat's channels and services you can call our freephone number 0800 652 0643.

You can hear the channels listed by genre, along with their channel numbers.

You can also choose to hear a list of channels that carry audio description

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